

EXERCISE TO MUSIC

Exercise to Music is designed to stretch, condition, and tone the body. Get in shape by participating in the Exercise to Music class. The instructor is Ann Nickum.



Days: Mondays & Wednesdays

February - May (No Class 2/17, 3/30, 4/6 & 4/8)

Time: 5:45 - 6:30 p.m.

Cost: Varies by Session

Location: Tremont School, Multi-Purpose Room

*Register at Dixon City Hall, 600 East A Street, or register online at www.ci.dixon.ca.us.
(Please note, there is a nominal convenience fee for registering online.)*