

# DIXON SENIOR CALENDAR DECEMBER 2023



SENIOR/MULTI-USE CENTER  
201 S. FIFTH STREET DIXON, CA 95620  
OFFICE PHONE: (707) 678-7022



## CHAIR YOGA CLASS

Mondays & Thursdays,  
(No class Dec 4, 18, & 25)

10:30 - 11:30 am

First Class is FREE

10 Class Pass - \$75

5 Class Pass - \$40

Passes do not expire and  
can be purchased at class.

The instructor is Yae  
Kuroda. Participants may sit  
in a chair or stand.



## READI-RIDE HOLIDAY LIGHTS TOUR

Friday, December 15

At 6:00 pm

\$2 per rider

Refreshments provided.

Sign up at the Senior  
Center by Monday, 12/8.

**See page 5 for details.**



*The Senior Multi-Use  
Center will be closed  
December 25 & 26 for  
the Christmas holiday &  
Monday, January 1 for  
the New Year's holiday.*



## LINE DANCING CLASS

Tuesdays & Thursdays,

December 1-29

at 9:00 am

(No class 12/26)

Join this fun class  
anytime! Learn steps  
and dance to a variety  
of music all while  
getting exercise.



## ANNUAL SENIOR CLUB HOLIDAY LUNCHEON TICKETS ON SALE NOW!

Friday, December 8  
Doors open at 11 am  
Lunch served at 11:30 am  
\$20 per Club member;  
\$25 per non-Club  
member.

Join us and enjoy a  
catered lunch and an  
afternoon of holiday  
cheer. There will be  
afternoon  
entertainment so please  
come join us. Tickets are  
available through  
Monday, Nov. 27.





### BUNCO

Bunco will not be held in December due to the busy holiday season. We will resume in January on the 3rd Tuesday of each month.



### LOW IMPACT FITNESS CLASS

Tuesdays

**(No class Dec 19 & 26)**

10:30 - 11:30 a.m.

First Class is FREE

10 Class Pass - \$75

5 Class Pass - \$40

Low impact sitting and standing workouts. Improve strength, balance and more.



### CHRISTMAS WREATH (or DECORATION) HALLWAY DISPLAY

*If you have a Christmas wreath or decoration you could share with us for the month of December please drop it by the Senior Center office. We would like to get enough Christmas wreaths/ decorations to decorate the Senior Center for the holidays. All items must be ready to hang.*

### BUSY BEE'S SEWING & CRAFTS CIRCLE



Mondays  
at 10 am

**Sew, Craft and Chat!**

### MEALS ON WHEELS OF SOLANO COUNTY



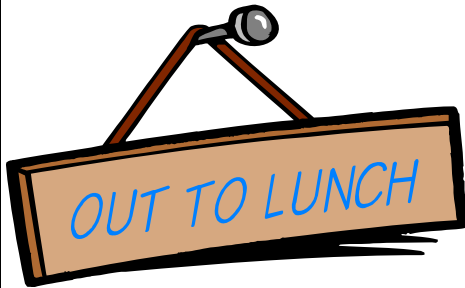
Meals on Wheels offers home delivered meals to Seniors age 60 & older.

The suggested contribution is \$4 per meal, however, no senior will ever be denied a meal based on their inability to contribute. Deliveries are made Monday, Wednesday & Friday, 10:00 am - 1:00 pm

**For more information and to order call 707-425-0638.**

The congregate dining program has been temporarily suspended. Home delivered meals are available to all congregate dining clients upon request.





**THE OUT TO LUNCH BUNCH IS CANCELLED THIS MONTH**

The Out to Lunch Bunch will not be held in December due to the busy holiday season. Monthly trips will resume in January.

**MEMBERSHIP RENEWAL**  
*Annual Dues*

**DIXON SENIOR CLUB**  
**MEMBERSHIP**

Senior Club dues will be due in January. For more information about Dixon Senior Club membership call Membership Chairperson, Barbara Long at (209) 304-2564.



**DIXON SENIOR CLUB**  
**MEMBERSHIP continued**

If you're a returning member, please update your address and phone number with us so we can update our membership directory. New members will be asked to complete a short form during the sign up process.

*Dues can be paid at the Senior/Multi-Use Center during regular business hours, M-F from 9am to 2:30pm or can be mailed to the following address:*

*Dixon Senior Club  
c/o Dixon Senior/  
Multi-Use Center  
201 S. 5th Street  
Dixon, CA 95620*

The Dixon Senior Club Board is also recruiting new board members. If you're interested in becoming a Dixon Senior Club Board Member, please contact Membership Chairperson, Barbara Long at (209) 304-2564 for more info.



**CHRISTMAS CANDY BINGO**

Monday, December 18  
At 12 noon

Bring a bag of your favorite Christmas candies. **Candies must be individually wrapped.** Chocolate kisses, peanut butter cups, rolos, mini chocolate bars and peppermints are all ideas. The winner of each game wins the money pot and the candy pot.



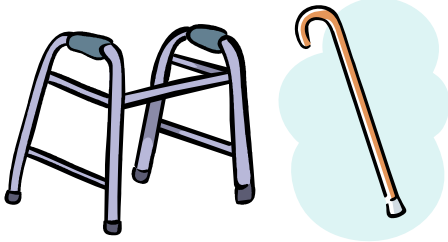
**GRUPO HISPANICO**  
**(HISPANIC GROUP)**

Wednesdays at 10 a.m.  
Talk about current events, play loteria, and just enjoy the company of friends.





## MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.



## SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.

## SOLANO COUNTY VACCINE INFORMATION & RESOURCES

visit

[www.solanocounty.com/covidvaccine](http://www.solanocounty.com/covidvaccine) or call us at 707-784-8655.



## DIXON READI-RIDE

678-5020

Provides rides within Dixon city limits.

Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon Read-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

## GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. Read-Ride is available and open. For more information contact Dixon Read-Ride at 678-5020 or Transit Supervisor, Vicki Jacobs, at 678-7442.

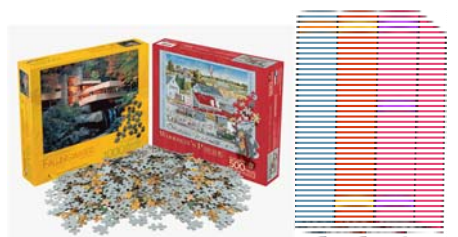
## DECEMBER BIRTHDAYS

Francisca Ramos (3)  
Dene Burley (5)  
Darryl Fountain (6)  
Juanita Hagler (12)  
Virginia Fletcher (29)  
Numbers in ( ) signify birthday day.



## PUZZLE & BOOK LIBRARY

Did you know we loan out puzzles and books for you to take home and enjoy? We're always getting new donations of used books and puzzles to share. Stop by the Center and see what's available.



# Holiday Lights Tour for Seniors

Friday, December 15, 2023



at 6:00 p.m.  
\$2 per rider



Refreshments Included



Get together with friends for an old fashioned drive past the City's fantastic display of holiday lights.

Readi-Ride will pick you up, take you on the tour as well as back to your residence!

To sign up, please stop by the Center to pay your fee and reserve your seat by Monday, December 5th.

A Readi-Ride representative will call you to make arrangements for your pick-up.

***This event is sponsored by the City of Dixon's Senior/ Multi-Use Center and Dixon Read-Ride.***

# Senior Activities - December 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Line Dancing Chair Yoga	2
3	4 Busy Bee's Crafts Bingo	5 Line Dancing  Senior Fitness	6 Grupo Hispanico	7 Line Dancing  Chair Yoga	8 Senior Club Christmas Luncheon  	9
10	11 Busy Bee's Crafts  Chair Yoga Bingo	12 Line Dancing  Senior Fitness	13 Grupo Hispanico	14 Line Dancing  Chair Yoga	15 Holiday Light Tour  	16
17	18 Busy Bee's Crafts Bingo	19 Line Dancing	20 Grupo Hispanico	21 Line Dancing  Chair Yoga	22	23
24	25  	26 <b>HOLIDAY Center is closed.</b>	27 Grupo Hispanico	28 Line Dancing  Chair Yoga	29	30