

DIXON SENIOR CALENDAR

NOVEMBER 2023

SENIOR/MULTI-USE CENTER
201 S. FIFTH STREET DIXON, CA 95620
HOURS: MONDAY - FRIDAY, 9 A.M. - 2:30 P.M.
OFFICE PHONE: (707)678-7022



CHAIR YOGA CLASS
Mondays & Thursdays
November 2 - 30
No class Nov. 23
10:30 - 11:30 am
First Class is FREE
10 Class Pass - \$75
5 Class Pass - \$40
The instructor is
Yae Kuroda.
Participants may sit in a
chair or stand.



READI-RIDE HOLIDAY LIGHTS TOUR

Friday, December 15
At 6:00 pm
\$2 per rider
Refreshments provided.
Sign up at the Senior
Center by Friday, 12/8.
See page 7 for details.



*The Senior Multi-Use
Center will be closed
Friday, November 10,
in observance of
Veteran's Day and
Thursday & Friday,
November 23 & 24, for
the Thanksgiving holiday.*



Happy Thanksgiving

BUNCO PARTY

Tuesday, November 21
10:00 a.m.
\$2 per person
Sign up at the Center.



ANNUAL SENIOR CLUB HOLIDAY LUNCHEON TICKETS ON SALE NOW!

Friday, December 8
Doors open at 11 am
Lunch served at 11:30 am
\$20 per Club member;
\$25 per non-Club
member.

Join us and enjoy a
catered lunch and an
afternoon of holiday
cheer. There will be
afternoon
entertainment so please
come join us. Tickets are
available now through
Monday, Nov. 27.
See page 8 for details.

DIXON SENIOR CLUB INFORMATION

SENIOR CLUB BOARD MEETING

The monthly Senior Club Board Meeting will be held on Tuesday, November 14 at 11:00am

SENIOR CLUB DUES ARE DUE IN JANUARY

Annual dues are \$10 per person and are due each January. Members who have not renewed their membership by March 31 will be asked to pay \$12.



If you're a returning member, please update your phone number, address, and **EMAIL** with us so we can update our membership directory. Membership information will **ONLY** be used by the Dixon Senior Club and not given to any third party.



ALL ABOUT THE DIXON SENIOR CLUB

The Dixon Senior Club values and appreciates your support. As always, you do not have to be a member of the Dixon Senior Club to participate

in activities at the Dixon Senior/Multi-Use Center.

But, if you do become a member, your dues help pay for refreshments, special activities, potluck supplies, and more.

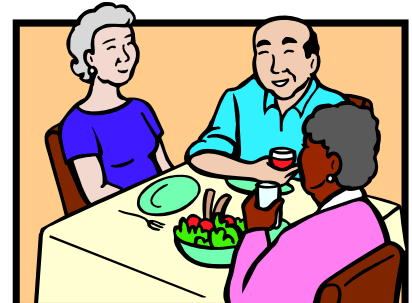
Being a member of the Club is a great way to meet new friends and take part in all the activities offered at the Senior Center. If you're a member of the Senior Club currently, **THANK YOU!**

If you're not, won't you please consider being a part of this important Organization?!

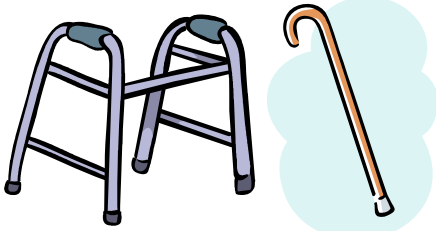


90+ Club

The Dixon Senior Club is looking for anyone who is 90 years of age or older. We would like to celebrate this great accomplishment together with family and friends but first we need to know how many **nonagenarians** are out in the community. If you or someone you know is 90 years or older please call Membership Chairperson, Barbara Long at (209) 304-2564.



MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.



SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.

SOLANO COUNTY VACCINE INFORMATION & RESOURCES

visit

www.solanocounty.com/covidvaccine or call us at 707-784-8655.



CALL 678-5020
TO RESERVE YOUR RIDE
DIXON READ-RIDE
678-5020

Provides rides within Dixon city limits. Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon Read-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. Read-Ride is available and open. For more information contact Dixon Read-Ride at 678-5020 or Transit Supervisor, Vicki Jacobs, at 678-7442.

MEALS ON WHEELS OF SOLANO COUNTY



Meals on Wheels offers home delivered meals to Seniors age 60 & older.

The suggested contribution is \$4 per meal, however, no senior will ever be denied a meal based on their inability to contribute. Deliveries are made Monday, Wednesday & Friday, 10:00 am - 1:00 pm

**For more information
and to order call
707-425-0638.**

The congregate dining program has been temporarily suspended. Home delivered meals are available to all congregate dining clients upon request.



ONGOING ACTIVITIES

BINGO

Mondays

12:00-2:00 p.m.

The cost is a nickel per card, per game and all adults are welcome.

We are need of bingo callers as well.



LINE DANCE

EXERCISE CLASS

Join this fun class anytime! Instructors are Joan Giannoni and Sandy Newell. Learn steps and dance to a variety of music all while getting exercise. Tuesdays & Thursdays at 9 a.m.



Learn sewing and craft skills at this informal group.

All are welcome.

MONDAYS, 10 - 11:30 am
in the Arts & Crafts Room



THE OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be going to

Denny's

on Friday, November 10.

Please meet us there.

A sign up sheet is located on the bulletin board at the Center.



The pools closed for the season starting October 27.

We will resume in the spring.



NOVEMBER BIRTHDAYS

Marlene Vega (4)

Louise Wright (5)

Thelma Bradley (6)

Daniel Ferrick (8)

Carol Marshall(8)

Emily Rowe (17)

Stuart Rowe (20)

Deborah Coffelt (26)

Phyllis Leonardi (30)

Numbers in () signify birthday day.



PUZZLE & BOOK LIBRARY

Did you know we loan out puzzles and books for you to take home and enjoy? We're always getting new donations of used books and puzzles to share. Stop by the Center and see what's available.



Bienvenido

**GRUPO HISPANICO
(HISPANIC GROUP)**

Wednesdays at 10 a.m.

Talk about
current events, play
loteria, and just enjoy the
company of friends.



**LOW IMPACT
FITNESS CLASS**

Tuesdays

November 14-28

No class November 7

10:30 - 11:30 a.m.

First Class is FREE

10 Class Pass - \$75

5 Class Pass - \$40

Low impact sitting and
standing workouts.

Improve strength,
balance and more.



**DAYLIGHT SAVINGS
TIME ENDS
REMEMBER TO
FALL BACK**

Turn your clock back one
hour before you go to bed
on Saturday, November 4.



**CHRISTMAS WREATH (or
DECORATION)
HALLWAY DISPLAY**

*If you have a Christmas
wreath or decoration you
could share with us for the
month of December
please drop it by the
Center office. We would
like to get enough
Christmas wreaths/
decorations to
decorate the Senior Center
for the holidays. All items
must be ready to hang.*



**CHRISTMAS CANDY
BINGO**

Wednesday, December 18
At 12 noon

Bring a bag of your
favorite Christmas
candies. **Candies must be
individually wrapped.**
Chocolate kisses, peanut
butter cups, rolos, mini
chocolate bars and
peppermints are all ideas.
The winner of each game
wins the money pot and
the candy pot.
More info next month.

**SENIOR CLUB
INDOOR GARAGE SALE**



Thanks to everyone who
made this years garage
sale a huge success. The
next Indoor Garage Sale
will be held in Spring of
2025

Senior Activities - November 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Grupo Hispanico</i>	2 Line Dancing Chair Yoga	3	4 Turn your clock back tonight! 
5	6 <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	7 Line Dancing	8 <i>Grupo Hispanico</i>	9 Line Dancing Chair Yoga	10 HOLIDAY Center is closed. 	11
12	13 <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	14 <i>Line Dancing</i> <i>Senior Club Meeting 11a</i>	15 <i>Grupo Hispanico</i>	16 Line Dancing Chair Yoga	17	18
19	20 <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	21 <i>Line Dancing</i> <i>Bunco</i>	22 <i>Grupo Hispanico</i>	23 HOLIDAY Center is closed.	24 HOLIDAY Center is closed.	25
26	27 <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	28 Line Dancing	29 <i>Grupo Hispanico</i>	30 Line Dancing Chair Yoga		

Holiday Lights Tour for Seniors

Friday, December 15, 2023

at 6:00 p.m.

\$2 per rider

Refreshments Included



Get together with friends for an old fashioned drive past the City's fantastic display of holiday lights.

Readi-Ride will pick you up, take you on the tour as well as back to your residence!

To sign up, please stop by the Center to pay your fee and reserve your seat by Friday, December 8th.

A Readi-Ride representative will call you to make arrangements for your pick-up.

***This event is sponsored by the City of Dixon's Senior/
Multi-Use Center and Dixon Read-Ride.***



Dixon Senior Club's Annual

HOLIDAY LUNCHEON

Join us for an evening of spectacular cheer.
Enjoy a traditional catered lunch
and entertainment.

Friday, December 8, 2023
at the Senior/Multi-Use Center

Doors open at 11 a.m.

Lunch served at 11:30 a.m.

Entertainment begins at 12 p.m.

The afternoon's entertainment
will be exciting so come check it out.

\$20 per person for members,
\$25 per person for non-members.

Purchase tickets by Monday, November
27 at the Senior/Multi-Use Center.

Tickets must be purchased in
advance, tickets will not be
sold at the door.